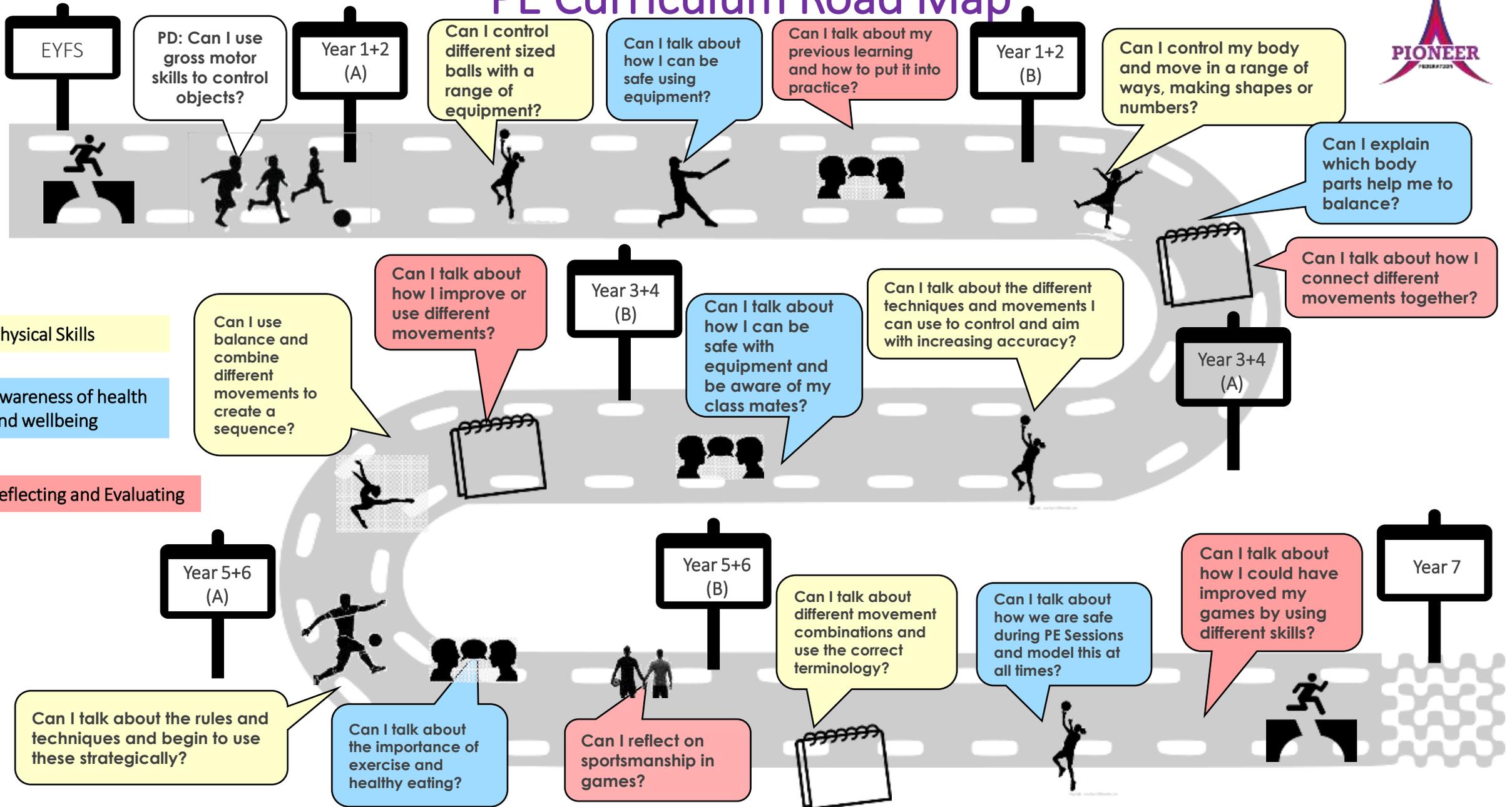


# PE Curriculum Road Map



Physical Skills

Awareness of health and wellbeing

Reflecting and Evaluating

## Intent:

Our PE curriculum is sequenced to allow children across year groups to acquire, develop and practice a range of sporting skills, building on these year upon year. During this time children are developing an understanding of how these can be used across sports and in a range of situations from drills, mini scenarios and games. 

Children in Reception learn the skills of throwing and catching balls, then in Year 1/2 learn how to control balls in different ways, in Year 3 / 4 this will progress into different types of passing and in Year 5/6 considering and deciding on which pass would be best in the moment in a game situation. 

Our PE and Sports are sequenced to build on the skills and utilise the seasonal changes and local sporting events.

For example, Gymnastics and Dance are often taught within the winter using an indoor environment. Athletics is taught in Terms 5 and 6 to give children opportunities to develop and then share skills on sports days.

## Impact

Children will have the knowledge and skills to take part in a range of physical activities in a range of situations.

They will also be able to talk about the importance of physical activity and how they can look after their bodies.

They will be able to understand the importance of their Physical health on their whole being.

## Implementation:

Lessons are:

- Appropriate resources in time, space and equipment. Equipment is inclusive and adapted to suit abilities and pupils with particularly
- We use STEP (Space, task, equipment and people) to adapt activities to be suitable for all pupils. Ensuring adults are appropriately used in PE lessons, tasks are suitably modified and a variety of spaces are used as appropriate. 
- Build upon previous learning and are sequenced to develop key skills and techniques.
- Pitched at the right level to enable pupils to support pupils to make reasonable progress with-in lessons. We assess pupils understanding and skills bi-termly using Target Tracker and subject leaders review this to identify any pupils who may need support or extension.

Each Pioneer school hosts their own sports day each year and attends regular Federation competitions. Individual schools also link with their local school games offers, attending and hosting a range of events with schools in the local authority, often qualifying for South Downs Area events. Across the Pioneer Federation we also have a range of Extra Curricular lunchtime and after school sports and physical activity, based clubs that children in all years can attend.

As a federation, we also promote physical activity outside of school, with community Fun runs, holiday challenges and virtual challenges throughout the pandemic.

At Pioneer ,we also develop opportunities for children to be aware of and make links to World-wide and National events such as the Olympics, Paralympics and Commonwealth games.

## EYFS Curriculum progression

Across the pioneer federation our middle leaders work with teachers to develop their subject and pedagogical knowledge to enhance the teaching of the curriculum.

Within Early years we are passionate about developing other teachers and middle leader's knowledge of the EYFS curriculum. We actively encourage teachers to spend time within EYFS and review our provision as part of their subject leadership, sharing ideas and effective early years practice.

The table below shows how the Early Years curriculum areas, link with the national curriculum subjects and explain some suggested provision or focus ideas which will support development of pupil knowledge and skills. 

Early Years Area of Learning		National Curriculum Subject Links	What could this look like in an EYFS Setting?
<b>Personal, Social and Emotional Development</b>	Self- Regulation	PE,	Roleplay Areas Playing games, turn taking Stories, Playing and working in pairs or groups Self-care needs – getting dressed, healthy eating
	Managing Self		
	Building Relationships		
<b>Communication and Language</b>	Listening Attention and Understanding	All subject areas	Attending Assembly, focusing on instructions, listening games. Listening to music, songs stories, and friends. Exploring a range of genres of texts, word play, songs, rhymes, Acting out stories, roleplay
	Speaking	All subject areas	
<b>Physical Development</b>	Fine Motor Skills	PE	Threading, peg boards, write dancing, Writing letters and making marks with a variety of materials.
	Gross Motor Skills	PE	Yoga, trim trails, balance beams. Jumping on and off things, climbing, bikes, scooters. PE Sessions – Ball skills, throwing, catching, rolling, pushing, pulling.