

PE 2 year cycle

Cycle 1						
	Autunm 1	Autunm 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Manipulation and coordination	Gymnastics	Dance	Body management	Speed and agility	Cooperation and problem solving.
Year 1/2	Year 1 Attack, defend, shoot. (Unit 2) Year 2 Attack, defend, shoot. (Unit 2)	Year 1 Gym (Unit 2) Year 2 Gym (Unit 2)	Year 1 Dance (Unit 2) Year 2 Dance (Unit 2)	Year 1 Send and return (Unit 2) Year 2 Send and return (Unit 2)	Year 1 Run, jump, throw (Unit 2) Year 2 Run, jump, throw (Unit 2)	Year 1 Hit catch throw (Unit 2) Year 2 Hit catch throw (Unit 2)
Year 3/4	Year 3 Rugby Year 4 Rugby	Year 3 Gym (Unit 2) Year 4 Gym (Unit 2)	Year 3 Dance (Unit 2) Year 4 Dance (Unit 2)	Year 3 Volleyball Year 4 Volleyball	Year 4 Athletics Sports day practice.	Year 3 OAA Year 4 OAA
Year 5/6	Year 5 Rugby Year 6 Rugby	Year 5 Gym (Unit 2) Year 6 Gym (Unit 2)	Year 5 Dance (Unit 2) Year 6 Dance (Unit 2)	Year 5 Volleyball Year 6 Volleyball	Year 6 Athletics Sports day practice.	Year 5 OAA Year 6 OAA

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Cycle 2						
	Autunm 1	Autunm 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Manipulation and coordination	Gymnastics	Dance	Body management	Speed and agility	Cooperation and problem solving.
Year 1/2	Year 1 Attack, defend, shoot. (Unit 1) Year 2 Attack, defend, shoot. (Unit 1)	Year 1 Gym (Unit 1) Year 2 Gym (Unit 1)	Year 1 Dance (Unit 1) Year 2 Dance (Unit 1)	Year 1 Send and return (Unit 1) Year 2 Send and return (Unit 1)	Year 1 Run, jump, throw (Unit 1) Year 2 Run, jump, throw (Unit 1)	Year 1 Hit catch throw (Unit 1) Year 2 Hit catch throw (Unit 1)
Year 3/4	Year 3 Football Year 4 Football	Year 3 Gym (Unit 1) Year 4 Gym (Unit 1)	Year 3 Dance (Unit 1) Year 4 Dance (Unit 1)	Year 3 Tennis Year 4 Tennis	Year 3 Athletics Sports day practice.	Year 3 Cricket Year 4 cricket
Year 5/6	Year 5 Football Year 6 Football	Year 5 Gym (Unit 1) Year 6 Gym (Unit 1)	Year 5 Dance (Unit 1) Year 6 Dance (Unit 1)	Year 5 Tennis Year 6 Tennis	Year 5 Athletics Sports day practice.	Year 5 Cricket Year 6 cricket

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